**7TH KUP GREEN TAG THEORY**

MEANING OF PATTERN DO SAN

DO SAN is the pseudonym of the patriot Ahn Ch'ang Ho (1876-1938) who devoted his life to furthering the education of Korea and its independent movement.

Number of moves: 24.

MEANING OF BELT COLOUR GREEN

Green signifies the plant's growth as Tae Kwon-Do Skills begin to develop.

KOREAN TERMINOLOGY

TURNING KICK - DOLLYO CHAGI   
WEDGING BLOCK - HECHYO MAKGI  
INWARD BLOCK - ANURO MAKGI   
OUTWARD BLOCK - BAKURO MAKGI   
STRAIGHT FINGERTIP THRUST - SUN SONKUT TULGI   
RELEASE FROM GRAB – JAP YOSOL TAE   
PALM BLOCK - SONBADAK MAKGI   
ONE STEP SPARRING – ILBO MATSOKI  
FREE SPARRING - JAYOO MATSOKI   
FIXED STANCE - GOJONG SOGI

**COUNTING TO TEN IN KOREAN**

One - HANNA   
Two - DOOL   
Three - SETH   
Four - NETH   
Five - DASAUL   
Six - YOSAUL   
Seven - ILGOP   
Eight - YODOLL   
Nine - AHOP   
Ten - YOLL   
Eleven – YOLL-HANNA  
Twelve – YOLL- DOOL  
Thirteen – YOLL – SETH  
Fourteen – YOLL- NETH  
Fifteen – YOLL-DASAUL  
Sixteen – YOLL –YOSAUL  
Seventeen – YOLL – ILGOP  
Eighteen – YOLL-YODOLL  
Nineteen – YOLL-AHOP  
Twenty - SOOMUL